

e-Training on HIV/AIDS – Part 1

Introduction

New York City is a mirror of the growing rate of HIV infection worldwide. By connecting the impact of HIV/AIDS on youth in your local communities with its impact worldwide, your videos will highlight the reasons that young people around the world are disproportionately affected by the pandemic.

As you create your videos, you should keep the following goals in mind:

Video Goal #1: To **raise awareness** about the impact of HIV/AIDS on youth in NYC as well as worldwide.

Video Goal #2: To **rally your audience to take action** against HIV/AIDS on a local or international level.

What's Your Message

As you craft a strong message around the two goals of raising awareness and inspiring your peers to take action, keep these two points in mind:

Point 1: Show your view of the impact of HIV/AIDS epidemic on youth both in your local community and around the world

Point 2: Highlight specific local and global actions and solutions that youth can take to fight AIDS

Get Informed

The first step you have to take before you can message about an issue is to get informed about the issue. Click on the links below to learn the basics about HIV/AIDS

- [Frequently Asked Questions \(FAQS\)](#)
- [AIDS Factsheets and Statistics](#)
- [Basic Facts about AIDS](#)

Test Yourself

Now that you've gotten a grasp of the basics, it's time to test your knowledge and understanding. Take these online quizzes and test yourself.

- [Respect Yourself Quiz](#)
- [AIDS I.Q.](#)

Brainstorm

The next step is to start using the knowledge you've gained to come up with some of your own thoughts about what you want your message to be. Start a brainstorming session with your team and anyone else who wants to get involved to help you figure out which direction you want to take your message.

We've included some tips and questions to help you start thinking and talking.

Tip: Don't forget to take notes while you're brainstorming

Tip: If it's difficult to meet your team face-to-face, you can do a live chat online.

Questions to Ask about HIV/AIDS in your Community

What is the impact of HIV/AIDS on youth in the community where you live?

Who are the faces of AIDS in your community?

What is the attitude of your community towards HIV/AIDS?

Where do teenagers get information about HIV/AIDS?

Questions to Ask about Stigma & Silence

How is HIV/AIDS discussed among your family, friends, and classmates?

What are some popular myths about HIV/AIDS?

What are some effective ways to destroy those myths and spread accurate information about HIV/AIDS?

Take Action

Once you've discussed some of the problems caused by HIV/AIDS, it's time to start focusing on some solutions.

- What are some solutions that can be used in your community to combat HIV/AIDS?
- What are some solutions that can be used worldwide to combat HIV/AIDS?
- What are some concrete actions that this generation of youth can take to stop the spread of HIV/AIDS on a local and international level?

Get More Information

If you feel like you need to get more information, talk with a teacher, someone from a local HIV/AIDS organization, representatives of different groups in your community, or your peers at school.

Organize your ideas

Now that you've come up with some ideas, it's time to organize them.

- Review your notes from your brainstorming session and decide on your main idea
- Identify some important points you want to highlight
- Figure out some ways to present your points visually

Next steps

Click on the next e-training video where you can:

- Watch a multi-media presentation on the Global HIV/AIDS Pandemic
- Learn the step-by-step process of messaging about HIV/AIDS
- Find bonus resources

